

Ninia Benjamin

"The Comedy Assassin"

The Voice

Ninia Benjamin is one of the UK's hottest female comedians with a wealth of television, stage and live stand-up experience.

Ninia was catapulted to stardom as one third of BBC3's **3 Non-Blondes**, which later transferred to BBC2 and BBC America before going to a second series, shown internationally. From this, her talents have been showcased across all the major UK channels in a variety of roles, as a presenter, studio guest, actress and reality TV star. Ninia was crowned the Winner of **Celebrity Scissorhands** 2007 (BBC3) in which she and a host of celebrities cut and styled their way through two weeks in a televised salon, raising thousands of pounds for Children in Need. She was also a contestant on the hit Living programme, **The Underdog Show** in which celebrities were paired up with rescue dogs which they had to train in preparation for a number of obedience tests and she has made two hilarious appearances on BBC1's **Hole in the Wall**. With an infectious sense of humour and effervescent screen presence, Ninia is a favourite guest and commentator for many popular discussion shows, for example **Sky Comedy Close Up**. Other recent television appearances include **Total Wipeout** and **Celebrity Masterchef** whilst her vocal talents can be heard in CBeebies' **Tinga Tinga Tales**. A talented actress, Ninia performed in Eve Ensler's **The Vagina Monologues** at the New Players Theatre in 2009 as part of the London celebration of V-Day, the global movement to end violence against women.

While Ninia's popularity on television continues to soar, her stand-up remains at the highest level. She is a regular headliner at all the top venues across the UK, such as Jongleurs, Up the Creek, The Banana Cabaret, Glee Clubs and Bound & Gagged. She has also spread her talents overseas and has enjoyed a successful run at the Cape Town Comedy Festival in South Africa in addition to appearances at the 'Big Night of Comedy' festival in Holland.

Television:

- Total Wipeout (BBC1, 2009)
- Hole in the Wall (BBC1, 2008, 2009)
- Celebrity Masterchef (BBC, 2008, 2009)
- The Underdog Show (Living, 2008)
- 50 Greatest TV Endings – Guest (Sky, 2008)
- Sky Comedy Close Up – Guest (Sky Movies Premiere and Sky Movies Comedy, 2008)
- Celebrity Ready Steady Cook (BBC2, 2008)
- Celebrity Scissorhands – Winner (BBC3, 2007)
- The Weakest Link – Contestant (BBC1, 2001, 2007)
- Cirque De Celebrity – Contestant (2006)
- Big Brother's Little Brother - Guest (C4, 2005, 2006, 2007)
- Big Brother's Big Mouth – Guest (E4, 2006)
- Now that's embarrassing: The 80s – Guest (C5, 2006)
- Street-Cred Sudoku – Guest (UKTV, 2006)
- Morning Glory - Guest (C4, 2006)
- Richard & Judy - Guest (C4, 2005)
- Back in the Day – Guest (C4, 2005)
- Twisted Tales - Actress (BBC3, 2005)
- The 100 Greatest TV Treats of... - Guest (C4, 2004)
- Gory Greek Gods - Presenter (BBC3, 2004)
- Len on the One – Performer (BBC1, 2004)
- Liquid News - Guest (BBC3, 2004)
- R1SE – Guest (E4, 2004)
- Celebdaq – Guest (BB3, 2003)
- 3 Non-Blondes – Performer (BBC3, 2003)

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- My Kind of People – Performer (LWT, 1995)

Radio

- The Big Night In (BBC Radio 4 - Stand Up and Interview Guest)
- Silver Street (BBC Radio, 2007)

Voiceover

- Tinga Tinga Tales (various characters, CBeebies, 2008)
- Mcdonalds Happy Meals (Television adverts, 2007-2008)

Live:

- Support act for Puppetry of the Penis (Cape Town International Comedy Festival and Johannesburg, 2008)

Stage:

- The Vagina Monologues (New Players Theatre)
- Woman on Top (Hackney Empire)
- Waiting to Inhale (Theatre Royal)
- A Yorkshire Tragedy (Royal Court Theatre)
- Malcolm X

Awards:

- **Best UK Comedy Entertainment Programme:** BECA (Black Entertainment Comedy Awards) 2004
- **British Comedy Award Nominee 2003:** Best Newcomer
- **EMMA Award Nominee 2003**
- **Best Comedy Award Winner** for 'Three Non-Blondes': Screen Nation Awards

Bursting onto the stage in an explosion of energy, bombastic Benjamin certainly makes an attention-grabbing entrance

Chortle

Scorching material. Gold

City News

Three Non-Blondes is an absolute coup for BBC3. It pisses all over Smack the Pony so cleanly and comprehensively that it's impossible to believe they're female.

Zoe Williams, The Guardian

Key Facts:

Acting age: 30 – 40

Height: 5'4"

Build: Large

Voice: Loud, powerful, comical



www.niniabenzamin.com